

INTERCOLLEGIATE ATHLETICS

Southwestern College is a member of the Pacific Coast Athletic Conference (PCAC), which includes Cuyamaca, Grossmont, Imperial Valley, Mira Costa, Palomar, San Diego City, San Diego Miramar, and San Diego Mesa Colleges.

Southwestern College competes in the following sports:

- men's football, baseball, water polo, track and field, basketball, cross country, soccer, swimming; and
- women's basketball, cross country, softball, tennis, soccer, swimming, volleyball, water polo, and track and field.

Southwestern College competes in the National Southern Football League against Golden West, Fullerton, Saddleback, San Bernardino Valley, and San Diego Mesa Colleges.

Eligibility rules, established by the California Community Colleges Athletic Association and Southwestern College, require that:

- A student athlete passes a physical exam prior to competition.
- A student athlete must be continuously and actively enrolled in 12 units during the season of sport.
- A student athlete may not practice and/or participate with more than one postsecondary institution during the sport season.
- In order to be eligible for a second season of a sport, the athlete must complete 24 units prior to the beginning of the semester of the second season of the sport. Units completed during the first season of the sport and summer shall be included in the required 24 units.
- A student athlete entering college after July 1, 1985, must maintain a cumulative 2.0 grade point average in accredited postsecondary coursework computed since the start of the semester of the first participation in order to continue athletic competition.
- No athlete shall be allowed more than two seasons of competition in any one sport. Exceptions may be made by the conference only in cases of incapacitating illness or injury.
- A student transferring to a California community college for academic or athletic participation purposes and who has previously participated in intercollegiate athletics and whose most recent participation was at another California community college must complete 12 units in residence prior to the beginning of the semester of competition for that college.
- A student athlete who has participated in a sport dropped by his/her college and has remaining eligibility in that sport is entitled to a waiver of the 12 units in residence requirement.
- Once the season of sport begins, the athlete may not participate on any other team in that sport during the season.

Questions regarding athletic eligibility should be referred to the Dean of School of Wellness, Exercise Science and Athletics in Building 71.

The athletic website is located at www.southwesternjaguars.com.