

SOCIAL WORK AND HUMAN SERVICES (SWHS)

SWHS 110 INTRODUCTION TO SOCIAL WORK AND HUMAN SERVICES 3 UNITS

Grade Only
Recommended Preparation: ENGL 115 or equivalent or through the Southwestern College multiple measures placement processes.
Lecture 3 hours
Offered: ALL
Introduces students to social welfare and the societal institutions in the United States that structure the provision of social services. Covers a historical perspective on the development of United States social work and human services. Includes special attention on current service delivery systems, their policies and procedures, and the tasks of culturally responsive social workers and human service workers within those settings. Offers students the opportunity to complete volunteer work at a social service or community service agency, observing how social workers attempt to address social problems. [D; CSU; UC; C-ID SWHS 110]

SWHS 112 INTRODUCTION TO CHEMICAL DEPENDENCY/ ADDICTIONS 3 UNITS

Pass/No Pass or Grade is Allowed
Recommended Preparation: SWHS 110 or equivalent.
Lecture 3 hours
Offered: ALL
Studies the basic concepts of chemical dependency and addictions. Analyzes chemical dependency from an interdisciplinary level and on examining the socio-cultural patterns of dependency. Focuses on individual's potential as a chemical dependency paraprofessional. [D; CSU]

SWHS 114 GROUP DYNAMICS IN ADDICTIONS COUNSELING 3 UNITS

Pass/No Pass or Grade is Allowed
Lecture 3 hours
Offered: ALL
Studies of the theory and application of group counseling approaches, methods and techniques related to substance use/addiction treatment. Emphasizes on the dynamics of small, interpersonal process group interaction. Provides students opportunities to develop effective interpersonal communication skills and leadership skills from an interdisciplinary perspective. [D; CSU]

SWHS 116 CO-OCCURRING DISORDERS IN ALCOHOL AND OTHER DRUG COUNSELING 3 UNITS

Pass/No Pass or Grade is Allowed
Lecture 3 hours
Offered: ALL
Focuses on co-occurring disorders, a condition which occurs when a person has a substance use disorder and a separate psychiatric diagnosis or other mental health-related symptoms. Provides definitions and terms related to co-occurring disorders and the principles that guide systems of care for persons with co-occurring disorders. [D; CSU]

SWHS 118 CHEMICAL DEPENDENCY/ADDICTIONS INTERNSHIP 3 UNITS

Pass/No Pass or Grade is Allowed
Prerequisite: SWHS 112, SWHS 114, and SWHS 116 or equivalent.
Lecture 3 hours
Offered: ALL
Provides students with a hands-on learning experience through a directed field study resulting from the cooperative effort of a provider agency, the instructor, and the student. Emphasizes enabling the student intern to learn and experience the work of an alcohol and other drug counseling professional. [D; CSU]

SWHS 120 SOCIAL WORK FIELDS OF SERVICE 3 UNITS

Grade Only
Prerequisite: SWHS 110 or equivalent.
Lecture 3 hours
Offered: ALL
Offers a supervised field experience in a community organization, agency, or institution to apply knowledge and learn new skills outside of the classroom environment. Provides an opportunity to develop skills that would facilitate gaining employment in the human services field. [D; CSU]

SWHS 154 LAW, ETHICS, AND SKILLS IN ALCOHOL AND OTHER DRUGS COUNSELING 3 UNITS

Pass/No Pass or Grade is Allowed
Lecture 3 hours
Offered: FALL, SPRING
Covers legal and ethical issues related to alcohol and other drug counseling. Focuses on professional and ethical codes of conduct and behavior, and patients' rights as they relate to various models of primary prevention and intervention. Includes topics such as community needs and resources and the influence of the media on prevention and intervention. [D; CSU]

SWHS 155 THE PHYSIOLOGY AND PHARMACOLOGY OF PSYCHOACTIVE DRUGS 3 UNITS

Pass/No Pass or Grade is Allowed
Lecture 3 hours
Offered: FALL, SPRING
Examines how psychoactive drugs affect the nervous system. Includes topics such as the exploration of the way drugs are classified, the processes of physical and psychological dependence, tolerance, withdrawal, and genetic predispositions. Covers temporary and long-term affective, behavioral, cognitive, biological, and social consequences of psychoactive drug use will be explored, including disorders such as Korsakoff's syndrome and other nutritional deficiencies. [D; CSU]

SWHS 156
CASE MANAGEMENT IN ALCOHOL AND OTHER DRUG COUNSELING
3 UNITS

Pass/No Pass or Grade is Allowed

Lecture 3 hours

Offered: FALL, SPRING

Introduces students to the theory and practical application of case management skills and techniques in alcohol and other drug counseling. Emphasizes on preparing students to work effectively in substance use treatment. Includes topics such as clinical evaluation, treatment planning, referral, service coordination, counseling, client and community education, documentation, and professional and ethical responsibilities for alcohol and other drug counselors. [D; CSU]

SWHS 160
PREVENTION, INTERVENTION, AND EDUCATION
3 UNITS

Pass/No Pass or Grade is Allowed

Recommended Preparation: RDG 158 or equivalent or through the Southwestern College multiple measures placement processes.

Lecture 3 hours

Offered: FALL, SPRING

Reviews historical and contemporary approaches for chemical dependency, including prevention, intervention, and education. Analyzes the progression of substance abuse and chemical dependency disorders and will evaluate types of prevention, education, and intervention strategies. [D; CSU]

SWHS 260
CHEMICAL DEPENDENCY FAMILY COUNSELING
3 UNITS

Pass/No Pass or Grade is Allowed

Lecture 3 hours

Offered: FALL, SPRING

Explores theories and methods of assisting family members and others to understand and to cope with a substance dependent person as several family therapy modalities will be explored. Approaches will be experiential in format and students will participate in exercises that lead to the development of these skills. [D; CSU]

SWHS 290
SOCIAL WORK AND HUMAN SERVICES WORK EXPERIENCE I
1-4 UNITS

Pass/No Pass Only

Corequisite: SWHS 290A (may be taken previously)] Develops skills and abilities of the student-as-intern alcohol and drug counselor.

Laboratory 16 hours

Offered: ALL

[Students must be accepted for an internship at an approved substance abuse treatment facility in order to participate in this course. Emphasizes knowledge and practice of counseling techniques including motivational interviewing, ethical guidelines for helping professions, cultural competence, participation in clinical supervision, and analysis of students' strengths and weaknesses as counseling interns. [D; CSU]

SWHS 290A
SOCIAL WORK AND HUMAN SERVICES WORK EXPERIENCE LECTURE I
3 UNITS

Pass/No Pass Only

Corequisite: SWHS 290 (may be taken previously).

Lecture 3 hours

Offered: ALL

Supports students enrolled in internship or work experience in alcohol and other drug treatment facility. Emphasizes knowledge and skills in basic counseling techniques including motivational interviewing, legal and ethical issues for helping professions, culturally competent counseling, participation in and experience of clinical supervision, and analysis of students' strengths and weaknesses as counseling interns. Students must be accepted for an internship at an approved substance use disorders treatment facility. [D; CSU]

SWHS 291
SOCIAL WORK AND HUMAN SERVICES WORK EXPERIENCE II
1-4 UNITS

Pass/No Pass Only

Prerequisite: SWHS 290 or equivalent.

Corequisite: SWHS 291A (may be taken previously).

Limitation on Enrollment: Declared Social Work and Human Services major.

Laboratory 16 hours

Offered: ALL

Expands upon existing skills and abilities of the student-as-intern alcohol and drug counselor. Students must be accepted for an internship at an approved substance abuse treatment facility. Emphasizes advanced concepts of chemical dependency counseling, motivational interviewing, legal and ethical guidelines for helping professions, cultural competence, participation in and experience of clinical supervision, and analysis of students' strengths and weaknesses as counseling interns. [D; CSU]

SWHS 291A
SOCIAL WORK AND HUMAN SERVICES WORK EXPERIENCE LECTURE II
3 UNITS

Pass/No Pass Only

Prerequisite: SWHS 290 and SWHS 290A, or equivalent.

Corequisite: SWHS 291 (may be taken previously).

Lecture 3 hours

Offered: ALL

Supports students enrolled in internship or work experience at an alcohol and other drug treatment facility. Emphasizes advanced concepts of chemical dependency counseling, motivational interviewing, legal and ethical issues, cultural competence, clinical supervision, and refining skills in 12 core functions of effective clinical practice. Prepares students for the state certifying exam. Students must be accepted for an internship at an approved substance use disorders treatment facility. [D; CSU]