

# LEARNING SKILLS (LS)

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**LS 100****COLLEGE LEARNING AMP; SUCCESS SKILLS FOR ALL FIELDS OF STUDY  
3 UNITS**

Pass/No Pass or Grade is Allowed

Lecture 3 hours

Offered: ALL

Contextualizes discipline-focused topics to enhance students' academic skills, self-efficacy behaviors, and lifelong learning strategies. Develops college success skills while exploring learning processes from human physiological and psycho-social perspectives. Examines how emotional, physical, and social aspects of adolescent and adult development impact individual experiences, competencies, and cognitive development. [D; CSU; UC]

**LS 115****SERVICE LEARNING  
1 UNIT**

Pass/No Pass or Grade is Allowed

Recommended Preparation: ENGL 114 or equivalent or through the Southwestern College multiple measures placement processes.

Lecture 1 hour

Offered: FALL

Service learning gives students a rigorous academic course, incorporating critical thinking and reflective assignments which utilize community service, along with readings in social issues, as a basis for the course work. It allows students an opportunity to do volunteer work for college credit, and to apply knowledge gained in the classroom. [D; CSU]

**LS 116****STUDENT SEMINAR  
2 UNITS**

Grade Only

Lecture 2 hours

Offered: ALL

Teaches students of all ages strategies for academic and personal success. Develops essential study and interpersonal skills. Includes current issues in higher education, college support services, library and academic technology services, and campus information used throughout the student's academic career. [D; CSU] (Same as: PD 116)