

FAMILY STUDIES (CD)

CD 80 BUSINESS PRACTICES: FAMILY AND CHILD SERVICES 1 UNIT

Pass/No Pass Only

Lecture 1 hour

Offered: ALL

Focuses on business plans appropriate for family service providers to include: budget, marketing, projected income, and business practices to meet Internal Revenue Service requirements. Examines marketing, balancing a budget, projecting income, contracts and legal considerations, and collection of fees and ethical business practices. [D]

CD 81 PARTNERING WITH PARENTS AND FAMILIES 1 UNIT

Pass/No Pass Only

Lecture 1 hour

Offered: ALL

Explores methods for establishing a trusting relationship with parents and families. Develops skills and awareness for interview techniques and completing needs assessments. Explores ways to support dynamic family relations through crisis, challenge, and change. Researches community resources for the purpose of referral. [D]

CD 82 FAMILY CHILDCARE ENVIRONMENT 1 UNIT

Pass/No Pass Only

Recommended Preparation: CD 89 or equivalent.

Lecture 1 hour

Offered: ALL

Emphasizes ways to make optimum design for family childcare providers to create a learning home environment promoting competency in development and promoting pro-social behavior. Presents creative ways to make optimum use of the home environment space and materials available. [D]

CD 83 NUTRITION FOR FAMILY CHILDCARE 1 UNIT

Pass/No Pass Only

Lecture 1 hour

Offered: ALL

Introduces the planning of low-cost menus with an emphasis on nutritional requirements of children ages birth through school-age while encouraging healthy eating habits. Emphasizes the procedures for qualification and reimbursement through the childcare food program. [D]

CD 84 HEALTH AND SAFETY IN FAMILY CHILDCARE 1 UNIT

Pass/No Pass Only

Recommended Preparation: CD 89 or equivalent.

Lecture 1 hour

Offered: ALL

Emphasizes key aspects of the health and safety needs of children ages birth through school-age. Identifies health policies, medication dispensation, and suspected child abuse reporting procedures for the family childcare provider. Focuses on creating a safe environment for children. [D]

CD 86 POSITIVE GUIDANCE: FAMILY AND CHILD SERVICES 1 UNIT

Pass/No Pass Only

Lecture 1 hour

Offered: ALL

Emphasizes the understanding of children's behavior and the use of positive discipline for family services providers. Introduces effective guidance and communication techniques to promote pro-social behavior of children ages infants through school-age. [D]

CD 87 FAMILY CHILDCARE CURRICULUM 1 UNIT

Pass/No Pass Only

Recommended Preparation: CD 89 or equivalent.

Lecture 1 hour

Offered: ALL

Emphasizes adopting a play-based model for curricular practices in the family childcare environment. Focuses on adapting curriculum strategies for home-based childcare. [D]

CD 89 FUNDAMENTALS OF CHILD DEVELOPMENT 1 UNIT

Pass/No Pass Only

Lecture 1 hour

Offered: SPRING

Focuses on the physical, cognitive, psychosocial and language development of children ages birth through school-age. Emphasizes observation skills to support a healthy development. [D]

CD 90 AFTER SCHOOL CARE: FAMILY AND CHILD SERVICES 1 UNIT

Pass/No Pass Only

Lecture 1 hour

Offered: SPRING

Focuses on providing stimulating activity and learning environments for school-age children in family childcare and the home. Emphasizes the integration of school-age children in family childcare and home settings which focus on age-appropriate activities, cultural sensitivity, and best practices. [D]

**CD 91
FAMILY SCHOOL-AGE CHILDCARE PARTNERSHIPS
1 UNIT**

Pass/No Pass Only

Lecture 1 hour

Offered: SPRING

Focuses on creating and fostering cooperative partnerships and communication between school-age family childcare programs and parents, community, and school districts. Provides an overview of community resources and their utilization for school-age family childcare. [D]

**CD 94L
THE PRACTICE OF POSTPARTUM DOULA
1 UNIT**

Pass/No Pass or Grade is Allowed

Lecture 1 hour, laboratory 1 hour

Offered: SPRING

Introduces students to working with parents, families, newborns, and infants in the home. Provides instructional and laboratory experiences on the role of the doula, infant care, feeding, birth recovery, cultural considerations, household needs, and support. [D]

**CD 95
LACTATION, FEEDING, AND NUTRITION FOR DOULAS
1 UNIT**

Pass/No Pass or Grade is Allowed

Lecture 1 hour

Offered: SPRING

Examines topics to include: lactation, breast and/or bottle feeding, infant nutrition, anatomy of the breast, positioning and latching, infant caregiver bonding and partner inclusion, rhythm, routines and understanding infant cues. [D]

**CD 96
CONTEMPORARY ISSUES FOR COMMUNITY OUTREACH
1 UNIT**

Pass/No Pass or Grade is Allowed

Lecture 1 hour

Offered: SPRING

Illuminates current topics regarding children, families, and public safety issues commonly addressed by community outreach workers. Examines advocacy in education, health, family immigration, societal violence, mental health, and diverse family constructs. [D]

**CD 133
MATH, SCIENCE, AND TECHNOLOGY FOR YOUNG CHILDREN
3 UNITS**

Grade Only

Recommended Preparation: CD 170 or equivalent.

Lecture 3 hours

Offered: SPRING

Provides students an emergent approach to creating developmentally appropriate curriculum for young children integrating core objectives in math, science, and technology. Emphasizes fundamental concepts and skills that form the preschool foundation for learning. [D; CSU]

**CD 135
PRINCIPLES OF FAMILY DEVELOPMENT
3 UNITS**

Pass/No Pass or Grade is Allowed

Recommended Preparation: RDG 158 or equivalent or through the Southwestern College multiple measures placement processes.

Lecture 3 hours

Offered: ALL

Introduces the student to historical and modern family lifestyles, functions, and values that influence behavior. Provides examination of contemporary family changes, crisis, and resilience. Analyzes nontraditional families as well as the classic nuclear family and the social support they need. [D; CSU; UC]

**CD 170
PRINCIPLES OF CHILD DEVELOPMENT
3 UNITS**

Pass/No Pass or Grade is Allowed

Recommended Preparation: RDG 158 or equivalent or through the Southwestern College multiple measures placement processes.

Lecture 3 hours

Offered: ALL

Focuses on theories of physical, psychosocial, and cognitive development of children from conception through adolescence. Emphasizes observation skills to analyze the development of children, and how parents and teachers can best help meet their needs to become healthy individuals. [D; CSU; UC; C-ID CDEV 100]

**CD 170L
PRINCIPLES OF CHILD DEVELOPMENT LABORATORY
1 UNIT**

Grade Only

Laboratory 3 hours

Offered: FALL, SPRING

Provides students with hands-on experiences of child development through observing and recording children's behavior. Explores various methods for examining the developmental domains of children from birth through middle childhood. [D; CSU]

**CD 172
CURRICULUM FOR INFANTS AND TODDLERS
3 UNITS**

Pass/No Pass or Grade is Allowed

Recommended Preparation: RDG 158 or equivalent or through the Southwestern College multiple measures placement processes.

Lecture 3 hours

Offered: ALL

Focuses on the importance of respecting infants and toddlers routines and stresses the need to integrate concepts of child development with curriculum. Includes knowledge of play as curriculum, and the physical and social environment. [D; CSU]

CD 173
DEVELOPMENT OF INFANTS AND TODDLERS
3 UNITS

Pass/No Pass or Grade is Allowed

Recommended Preparation: CD 170 or equivalent.

Lecture 3 hours

Offered: FALL, SPRING

Focuses on the development of children under three years of age. Includes the study of biological factors and environmental factors shaping the early cognitive, language, social, and physical development. Requires the observation of infants and toddlers in different settings. Emphasizes the influence of family, culture, and community on the lives of infants and toddlers. [D; CSU] FALL 2011 CHANGE ADD DE (Hybrid-35)

CD 175
NUTRITION, HEALTH, AND SAFETY FOR CHILDREN
3 UNITS

Pass/No Pass or Grade is Allowed

Lecture 3 hours

Offered: ALL

Focuses on children's health, safety, and nutritional needs. Includes promoting good health through planning nutritious menus, understanding dietary needs, and encouraging physical fitness. Examines common childhood illnesses, and child abuse. [D; CSU]

CD 176
MUSIC AND MOVEMENT FOR YOUNG CHILDREN
3 UNITS

Pass/No Pass or Grade is Allowed

Recommended Preparation: RDG 158 or equivalent or through the Southwestern College multiple measures placement processes.

Lecture 3 hours

Offered: FALL

Focuses on relationship of music and movement for optimal development of young children. Includes lesson planning and developmentally appropriate teaching methods implementing the kinesthetic mode of learning. [D; CSU]

CD 177
PROMOTING PEACE AND INCLUSION IN EDUCATION
3 UNITS

Pass/No Pass or Grade is Allowed

Recommended Preparation: RDG 158 or equivalent or through the Southwestern College multiple measures placement processes.

Lecture 3 hours

Offered: FALL

Introduces the students to the challenges of teaching young children in a violent society and methods for responding to aggression and anti-social behavior in the classroom. Relates the importance of anti-bias practices in the classroom and strategies to promote a peaceful classroom environment [D; CSU; UC]

CD 180
OBSERVATION AND GUIDANCE FOR CHILD DEVELOPMENT
3 UNITS

Pass/No Pass or Grade is Allowed

Recommended Preparation: CD 170 or equivalent.

Lecture 2 hours, laboratory 4 hours

Offered: FALL, SPRING

Supports understanding of children's behavior based upon observation and direct experience with young children. Provides effective guidance techniques to promote the child's self-control, self-esteem, and competence. [D; CSU]

CD 181
CURRICULUM PLANNING FOR CHILD DEVELOPMENT
3 UNITS

Grade Only

Recommended Preparation: CD 170 or equivalent.

Lecture 3 hours

Offered: FALL, SPRING

Provides methods and materials for planning and implementing an integrated program for young children. Emphasis on designing an environment for learning related to emergent curriculum goals. [D; CSU]

CD 184
OBSERVATION AND DOCUMENTATION
3 UNITS

Grade Only

Prerequisite: CD 170 or equivalent.

Lecture 3 hours

Offered: FALL, SPRING

Provides skills in observation and documentation to understand children's behavior and construction of knowledge. Applies multimedia to support the narrative interpretation of children's experiences. Emphasizes observation and documentation to facilitate the understanding of children's development. [D; CSU]

CD 275
ART FOR CHILDREN
3 UNITS

Grade Only

Fee: \$15

Recommended Preparation: RDG 158 or equivalent or through the Southwestern College multiple measures placement processes.

Lecture 3 hours

Offered: FALL, SPRING

Provides students with knowledge in theories of artistic development, developmental stages of artistic expression, and provides hands-on experience in planning curriculum for children. Reflects diverse cultural expression, as well as develops student skills in a variety of artistic mediums, supporting the process of creative expression. [D; CSU]

**CD 278
WORKING WITH CHILDREN AND FAMILIES WITH SPECIAL NEEDS
3 UNITS**

Grade Only

Recommended Preparation: CD 170 or equivalent.

Lecture 3 hours

Offered: FALL, SPRING

Presents effective strategies for adapting curriculum and/or the environments for childcare providers caring for children with special needs. Identifies what is developmentally appropriate for children with special needs, how and when to modify activities or equipment, how to manage challenging behaviors, and how to support families in meeting the needs of these children. [D; CSU; UC]

**CD 279
EARLY EDUCATION SERVICE LEARNING IN A GLOBAL ENVIRONMENT
3 UNITS**

Pass/No Pass or Grade is Allowed

Lecture 1 hour, laboratory 6 hours

Offered: SPRING

Places students in an integrated, service learning study abroad experience that incorporates critical thinking, practical activities, reflective assignments, team development and leadership, in the context of a global educational environment. Develops strategies for multi-cultural exchanges by examining communication, education, history, values and lifestyles. [D] (Same as: LDR 279)

**CD 282A
CHILD DEVELOPMENT FIELD PRACTICUM
3 UNITS**

Grade Only

Prerequisite: CD 170, CD 180, and CD 181, or equivalent.

Lecture 1 hour, laboratory 6 hours

Offered: FALL, SPRING

Provides students field experience in various early childhood education settings. Applies theory and knowledge as the students increase their professional teaching skills and abilities under close supervision. [D; CSU]

**CD 283
EMERGING LITERACY
3 UNITS**

Pass/No Pass or Grade is Allowed

Recommended Preparation: CD 170 or equivalent; RDG 158 or equivalent or through the Southwestern College multiple measures placement processes.

Lecture 3 hours

Offered: FALL, SPRING

Focuses on the relationship between language development and cognitive, social, emotional, and physical development. Analyzes learning environments to facilitate language as it emerges from curriculum. Relates the critical importance of early learning and interactions to language development. [D; CSU]

**CD 284
CHILD, FAMILY, AND COMMUNITY
3 UNITS**

Pass/No Pass or Grade is Allowed

Recommended Preparation: CD 170 or equivalent.

Lecture 3 hours

Offered: ALL

Examines patterns of family systems in contemporary society as they are influenced by heritage, diverse cultures, abilities, and languages. Explores the value of communication, the development of child advocacy skills, and the ability to use community resources to empower families and children. [D; CSU; UC]

**CD 286
ADMINISTRATION OF EARLY CHILDHOOD PROGRAMS
3 UNITS**

Pass/No Pass or Grade is Allowed

Recommended Preparation: RDG 158 or equivalent or through the Southwestern College multiple measures placement processes.

Lecture 3 hours

Offered: FALL

Focuses on principles and practices of the administration of child development programs. Explores various early childhood programs, including the maintenance and operation of the facility, regulatory agencies and legal requirements, record keeping, accounting, and personnel management. [D; CSU]

**CD 287
ADMINISTRATIVE LEADERSHIP IN EARLY CHILDHOOD PROGRAMS
3 UNITS**

Pass/No Pass or Grade is Allowed

Recommended Preparation: RDG 158 or equivalent or through the Southwestern College multiple measures placement processes.

Lecture 3 hours

Offered: SPRING

Focuses on the knowledge and practice of leadership required for early childhood program administration. Includes the principles of program philosophy, goals, and personnel management styles. Emphasizes working with a board of directors, community involvement partnerships, and networking. [D; CSU]

**CD 288
MENTORSHIP AND ADULT SUPERVISION
3 UNITS**

Grade Only

Recommended Preparation: RDG 158 or equivalent or through the Southwestern College multiple measures placement processes.

Lecture 3 hours

Offered: FALL

Focuses on supervising, communicating, and mentoring adults in an educational setting. Develops skills in communication, problem solving and conflict resolution, cultural issues, delegating responsibilities, and evaluating an early childhood setting. [D; CSU]

CD 290**FAMILY STUDIES COOPERATIVE WORK EXPERIENCE****2-4 UNITS**

Pass/No Pass or Grade is Allowed

Prerequisite: CD 180 or CD 86 or equivalent.

Limitation on Enrollment: Declared Family Studies major.

Laboratory 12 hours

Offered: SPRING

Introduces principles and skills acquired in the Family Studies majors to on-the-job assignments. One unit of credit is granted for every 54 hours of work experience. Credit may be accrued at the rate of 2 to 4 units per semester for a maximum of fourteen units. The job supervisor and instructor will evaluate each student's job performance. [D; CSU]

CD 299**INDEPENDENT STUDY****1-3 UNITS**

Pass/No Pass or Grade is Allowed

Limitation on Enrollment: Eligibility for independent study.

Lecture 3 hours

Offered: ALL

Individual study or research in some area of child development of particular interest to the student and not included in regular courses of the college. [D; CSU]