

KINESIOLOGY-SPORTS MEDICINE

Associate in Science Degree Transfer Preparation* (Major Code: 01369)

The Associate of Science Degree is designed to give students interested in a career in sports medicine, athletic training or physical therapy an opportunity to develop, practice and implement fundamental skills in the prevention, treatment and rehabilitation of various athletic/orthopedic injuries and related medical conditions. Using a combination of dynamic classroom learning and clinical experience, this program will set a foundation that will aid in the pursuit of a multitude of allied healthcare professions. Completion of this degree will also prepare students for further study or to obtain employment as an entry-level rehabilitation/allied health paraprofessional. Earning this degree may facilitate the student's transfer to a CSU and/or professional program.

It is recommended for students to consult with an academic counselor to verify that university program requirements have been met, especially if planning to transfer to SDSU.

Program Student Learning Outcome

- Students will understand and apply techniques associated with athletic injury, prevention, and risk management.

Code	Title	Units
Required Core		
ES/T 202	INTRODUCTION TO KINESIOLOGY	3
BIOL 260	HUMAN ANATOMY ¹	4
BIOL 261	PRINCIPLES OF HUMAN PHYSIOLOGY ¹	4
ES/T 250	PREVENTION AND CARE OF ATHLETIC INJURIES	3
ES/T 251	ADVANCED PREVENTION AND CARE OF ATHLETIC INJURIES	3
HLTH 110	FIRST RESPONDER	3
ES/T 290	WORK EXPERIENCE IN EXERCISE SCIENCE	2-4
HLTH 201	THE SCIENCE OF NUTRITION	3
ES/T 136	TECHNIQUES OF WEIGHT TRAINING	2
Recommended		
PHYS 150	FUNDAMENTALS OF PHYSICS I	
PHYS 151	FUNDAMENTALS OF PHYSICS LABORATORY I	
PSYC 230	DEVELOPMENTAL PSYCHOLOGY	
Total Units		27-29

¹ Check course prerequisites.

* Students planning to transfer to a four-year college or university should complete courses specific to the transfer institution of choice. University requirements vary from institution to institution and are subject to change. Therefore, it is important to verify transfer major preparation and general education requirements through consultation with a counselor in either the Counseling Center or Career and Transfer Connections. See catalog Transfer Courses Information (<http://>

catalog.swccd.edu/student-success-support-program/student-services-and-college-services/other-services/transfer-courses/) section for further information.

To earn an associate degree, additional general education and graduation requirements (<http://catalog.swccd.edu/certificates-certifications-degrees-csuuc-requirements/>) must be completed.