

EXERCISE SCIENCE/ INTERCOLLEGIATE (ES/I)

ES/I 101 INTERCOLLEGIATE BASEBALL-NP 3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 102 INTERCOLLEGIATE BASEBALL I 3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 103 INTERCOLLEGIATE BASEBALL II 3 UNITS

Grade Only

Prerequisite: ES/I 102 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 104 INTERCOLLEGIATE BASKETBALL-NP 1.5 UNIT

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 5 hours

Offered: ALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 105 INTERCOLLEGIATE BASKETBALL-NP 1.5 UNIT

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 5 hours

Offered: ALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU]

ES/I 106 INTERCOLLEGIATE BASKETBALL I 1.5 UNIT

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 5 hours

Offered: ALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 107

INTERCOLLEGIATE BASKETBALL II

1.5 UNIT

Grade Only

Prerequisite: ES/I 106 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 5 hours

Offered: ALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 108

INTERCOLLEGIATE BASKETBALL III

1.5 UNIT

Grade Only

Prerequisite: ES/I 107 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 5 hours

Offered: ALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 109

INTERCOLLEGIATE BASKETBALL IV

1.5 UNIT

Grade Only

Prerequisite: ES/I 108 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 5 hours

Offered: ALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 110

INTERCOLLEGIATE CROSS COUNTRY-NP

3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 111

INTERCOLLEGIATE CROSS COUNTRY I

3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 112

INTERCOLLEGIATE CROSS COUNTRY II

3 UNITS

Grade Only

Prerequisite: ES/I 111 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 113
INTERCOLLEGIATE FOOTBALL-NP
3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 114
INTERCOLLEGIATE FOOTBALL I
3 UNITS

Grade Only

Recommended Concurrent Enrollment: ES/A 190.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 115
INTERCOLLEGIATE FOOTBALL II
3 UNITS

Grade Only

Recommended Concurrent Enrollment: ES/A 190.

Prerequisite: ES/I 114 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 116
INTERCOLLEGIATE SOCCER-NP
3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 117
INTERCOLLEGIATE SOCCER I
3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 118
INTERCOLLEGIATE SOCCER II
3 UNITS

Grade Only

Prerequisite: ES/I 117 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 122

INTERCOLLEGIATE TENNIS-NP

3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 123

INTERCOLLEGIATE TENNIS I

3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 124

INTERCOLLEGIATE TENNIS II

3 UNITS

Grade Only

Prerequisite: ES/I 123 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 125

INTERCOLLEGIATE TRACK AND FIELD NON PARTICIPANT

3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 126

INTERCOLLEGIATE TRACK AND FIELD I

3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 127

INTERCOLLEGIATE TRACK AND FIELD II

3 UNITS

Grade Only

Prerequisite: ES/I 126 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 128
INTERCOLLEGIATE VOLLEYBALL-NP
3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 129
INTERCOLLEGIATE VOLLEYBALL I
3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 130
INTERCOLLEGIATE VOLLEYBALL II
3 UNITS

Grade Only

Prerequisite: ES/I 129 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 131
INTERCOLLEGIATE SOFTBALL-NP
3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 132
INTERCOLLEGIATE SOFTBALL I
3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 133
INTERCOLLEGIATE SOFTBALL II
3 UNITS

Grade Only

Prerequisite: ES/I 132 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 134

INTERCOLLEGIATE WATER POLO NP (NON PARTICIPANT)

3 UNITS

Grade Only

Recommended Preparation: ES/A 158 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 135

INTERCOLLEGIATE WATER POLO I

3 UNITS

Grade Only

Recommended Preparation: ES/A 158 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 136

INTERCOLLEGIATE WATER POLO II

3 UNITS

Grade Only

Prerequisite: ES/I 135 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 137

INTERCOLLEGIATE SWIMMING AND DIVING NON-PARTICIPANT

3 UNITS

Grade Only

Recommended Preparation: ES/A 116 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 138

INTERCOLLEGIATE SWIMMING AND DIVING I

3 UNITS

Grade Only

Recommended Preparation: ES/A 116 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 139

INTERCOLLEGIATE SWIMMING AND DIVING II

3 UNITS

Grade Only

Prerequisite: ES/I 138 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]